



# WILDERNESS FIRST AID

**Prepare for the unexpected  
in the backcountry.**



Jared Steinman



Lena Conlan

## **NOLS WILDERNESS MEDICINE**

### **WILDERNESS FIRST AID COURSE**

**SKANDERBORG, DENMARK  
MAY 5-7, 2017**

**Intense hands-on course with realistic scenarios. No previous experience needed. A few spots are open to NOLS WFR grads in need of recertification.**

**Contact Crossing Latitudes for more information.**

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- Step forward in an emergency with this 16 to 20 hour course designed to introduce wilderness medicine principles.
  - Learn how to improvise equipment, deal with challenging environments, and act with confidence away from medical care.
  - Engage in classroom lectures and demonstrations, combined with realistic scenarios where mock patients will help to integrate your learning.